

## Teppanyaki



**Pan-fry on Tep-pan, all served with soup, fresh vegetables, salad & rice**

Sirloin of Beef with Garlic Slices	£16.50
Tenderloin of Beef with Garlic Slices	£17.50
Jumbo Prawn with Seabass	£17.50
Scallop & Salmon	£17.80
Black Cod & Jumbo Prawn	£21.50

## Grill Menu



**Min order 2 sticks**

Grilled Squid	£ 2.00
Chicken Yakitori	£ 2.20
Shitake Japanese Mushroom	£ 1.80
Grilled Prawn	£ 2.50
Beef fillet with green pepper and onion	£ 2.80
Shi Sa Mok, five small grilled fish	£ 4.50
Saba Shio, grilled mackerel	£ 5.50
Grilled Fresh Eel	£ 9.00
Grilled Jumbo Prawn	£ 9.00

## Tempura



**Served with warm dipping sauce**

Agedashi Tofu	£ 4.20
Rock Shrimp Tempura <i>(With Jalapeno, Creamy spicy &amp; Miso sauce)</i>	£13.00
Tofu Steak	£ 4.80
Chicken Karaage <i>(8 pcs)</i>	£ 6.50
Vegetable Tempura <i>(10 pcs)</i>	£ 7.00
King Prawn Tempura	£ 9.50
Tempura Deluxe <i>(3 King Prawn &amp; 7 Assorted Vegetable)</i>	£11.50
Mixed Seafood Tempura	£14.00

## Salads



Sashimi Salad <i>(Tuna, Salmon, Seabass with yuzu juice)</i>	£ 8.50
Crispy Duck Salad <i>(Crispy confit of duck, salad, cucumber, mango, mint &amp; cashew nuts)</i>	£ 8.50
Deep Fried Soft Shell Crab Salad	£ 8.50
Avocado & cucumber Salad with Light Garlic Sauce	£ 5.00
Green Salad	£ 5.00
Mango Tobiko Salad <i>(Mango Crabstick Tobiko)</i>	£ 6.00
Japanese seaweed Salad	£ 6.20
Salmon Skin with Daikon Salad	£ 5.90

## Side Order



Eel Fry Rice	£ 8.00
Special Fry Rice	£ 5.50
Rice	£ 2.20
Kimchi <i>(Spicy Cabbage)</i>	£ 2.80
Edamame	£ 4.00
Spicy Edamame	£ 4.50
Miso Soup	£ 2.20



## FOOD MENU

Recommended by Evening Standard 2010  
as one of the three best Japanese Restaurants

## Sashimi



**Sashimi (The real thing – raw)**

Hi Sushi Special	24 pcs	£ 32.50
Sashimi Moriawase (Special Selection of Raw Fish)	18 pcs	£ 20.50
Sashimi Matsu (4 Kinds of Raw Fish)	12 pcs	£ 14.50
Sashimi Take (Trial Portion)	6 pcs	£ 7.00
Tuna Sashimi	7 pcs	£ 13.00
Sea bass Sashimi	7 pcs	£ 12.00
Salmon Sashimi	7 pcs	£ 9.00
Scallop Sashimi	7 pcs	£ 9.00
Tuna & Salmon	8 pcs	£ 11.50
Octopus	7 pcs	£ 6.80
Clam	7 pcs	£ 6.00
Squid	7 pcs	£ 5.80
Mackerel	7 pcs	£ 6.00
Salmon & Scallop Sashimi	7 pcs	£ 9.50
Yellow Tail Sashimi (One of the best fish tasting)	7 pcs	£ 15.50

## Nigiri Sushi



**(min order 2 pcs) price per piece**

Inari Sushi (Beancurd)	£1.60	Egg	£1.60
Clam	£1.70	Squid	£1.70
Octopus	£1.70	Mackerel	£1.70
Kani (Crabstick)	£1.70	Grey Mullet	£1.70
Shrimp	£1.90	Scallop	£2.30
Salmon	£2.20	Tobiko	£2.20
Seabass	£2.30	Tuna	£2.40
Eel	£2.30	Yellow Tail	£3.00
Salmon Roe	£2.40		

## Sushi Set



<b>Superior</b> Our selection of 8 Nigiri sushi & 6 pcs of sushi roll	£15.80
<b>Standard</b> Our selection of 6 Nigiri sushi & 6 pcs of sushi roll	£12.50
<b>Trial</b> Our selection of 8 Nigiri sushi & 6 pcs of sushi roll	£ 7.00
<b>Family Set</b> 14 pcs of Nigiri sushi & 12 pcs of roll	£25.60
<b>Hi Sushi Set</b> 6 pcs of Nigiri sushi, 6 pcs or roll and 6 pcs of Sashimi	£20.50
<b>Sushi &amp; Sashimi Combination</b> 4 pcs of Nigiri and 4 pcs Sashimi	£10.50

## Sushi Roll



**6 pcs in each roll**

Tamago	£2.70	Cucumber	£2.50
Pickle	£2.50	Avocado	£2.50
Salmon	£3.00	Shrimp	£2.90
Crab & Cucumber	£3.00	Tuna	£3.40
Salmon & Avocado	£3.80	Spicy Tuna	£3.80
Spicy Scallop	£3.80	California (Crabstick & Avocado)	£4.00
Salmon Skin & Cucumber	£4.10	Hamachi	£4.50
Eel with Cucumber	£4.80	Spicy Scallop & Cucumber	£4.50
Exotic California Roll	£5.10		

## Signature Roll



Asparagus Tempura Roll	£ 4.80
Prawn Tempura Roll with cucumber	£ 7.20
Oyster Roll	£ 7.20
Futo Maki	£ 7.50
<i>Mixed large roll, crabstick, cucumber, pickles, egg, kampyo &amp; sakura denbu</i>	
Soft Shell Crab Roll with cucumber	£ 8.00
Cha Cha Roll (Crispy duck, mixed salad with cucumber)	£ 9.50
Dragon Roll	£16.70
Spider Roll (Soft shell crab, caviar with avocado)	£12.50
Tiger Roll (Prawn Tempura, avocado wrap with salmon sashimi)	£12.50

## Te-Maki



Egg	£ 3.00	Avocado	£ 3.00
Salmon	£ 4.00	Shrimp	£ 3.80
Asparagus	£ 4.00	Tuna	£ 4.30
Salmon & Avocado	£ 4.10	Spicy Tuna	£ 4.30
California	£ 4.30	Eel	£ 4.30
Spicy Scallop & cucumber	£ 4.50	Tempura	£ 5.20
Soft Shell Crab	£ 5.20	Oyster	£ 5.20
Crispy Duck & cucumber and mixed salad	£ 4.80		

## Hi Sushi Label Noodles



<b>Kitsune Udon</b>	<i>Japanese tofu with wide white noodles</i>	£ 6.00
<b>Yaki Udon</b>	<i>Fried wide white noodles with vegetables &amp; chicken</i>	£ 6.50
<b>Seafood Udon</b>	<i>Prawn, squid and crab stick</i>	£ 8.00
<b>Zaru Soba</b>	<i>Japanese cold noodles and seaweed</i>	£ 6.00
<b>Yaki Soba</b>	<i>Fried noodles with seafood &amp; vegetables</i>	£ 6.50
<b>Ten Zaru Soba</b>	<i>Two king prawn tempuras with Japanese cold noodles</i>	£ 7.50
<b>Tempura Soba</b>	<i>Deep fried king prawns with noodles in soup</i>	£ 8.00
<b>Vegetables Ramen</b>	<i>Miso base</i>	£ 6.00
<b>Chicken Teriyaki Ramen</b>		£ 7.00
<b>Chilli Chicken Ramen</b>		£ 7.00
<b>Char Siu Pork Ramen</b>		£ 7.00
<b>Katsu Ramen</b>	<i>Deep fry pork cutlet in breadcrumbs with fresh vegetables &amp; wakame</i>	£ 7.00
<b>Kimchi Ramen</b>	<i>Korean style, spicy cabbage with pork</i>	£ 7.00
<b>Miso Ramen</b>	<i>1/2 Boiled egg, fresh vegetables &amp; pork with miso soup</i>	£ 7.00
<b>Chilli Beef Ramen</b>	<i>Stir fry spicy beef, wakame and fresh vegetables</i>	£ 7.00
<b>Gyoza Ramen</b>	<i>Pork dumplings, 1/2 boiled fresh egg, wakame &amp; fresh veg.</i>	£ 7.00
<b>Sukiyaki Ramen</b>	<i>Thin cut slices of sirloin beef steak</i>	£ 7.50
<b>Salmon Ramen</b>	<i>in creamy fish soup Grilled salmon fillet wakame &amp; half boiled egg</i>	£ 7.50
<b>Sashimi Ramen</b>	<i>in creamy fish soup Raw salmon fillet, tuna, garnished with wakame</i>	£ 8.00
<b>Seafood Ramen</b>	<i>in creamy fish soup Prawns, squid, crabsticks &amp; vegetables</i>	£ 8.00

## The soup base

*Creamy Fish Soups are made from fresh salmon and tuna. Ramen Soups are made from chicken and various kinds of fresh vegetables. Both taking hours to boil before being served. We promise every noodle you enjoy, is delicious, nutritious and healthy*

## Donburi



**Large bowl of rice served with toppings below, serve with miso soup**

Tamago Don	£ 6.00
<i>(Egg with onion and spring onion on rice)</i>	
Oyako Don	£ 7.30
<i>(Chicken with seasoned egg on rice)</i>	
Ten Don	£ 8.10
<i>(Two jumbo prawn tempura and veg on rice)</i>	
Tonkatsu Don	£ 8.40
<i>(Battered pork cutlet with seasoned egg on rice)</i>	
Salmon Don	£ 8.40
<i>(Salmon Sashimi and raw salmon roe with seaweed and sushi rice)</i>	
Chirashi Don	£ 9.10
<i>(Variety of raw fish on sushi rice)</i>	
Tekka Don	£ 9.50
<i>(Tuna Sashimi with seaweed on sushi rice)</i>	
Curry Chicken Katsu Don	£ 9.70
<i>(Deep fry chicken with curry sauce on rice)</i>	
Curry Prok Katsu Don	£ 9.70
<i>(Deep fry pork with curry sauce on rice)</i>	
Unagi Don	£12.90
<i>(Grilled fresh eel with rice)</i>	

## Set Menu



**All served with miso soup, salad & rice**

Tofu Steak	£ 7.30
Chicken Karaage with Special Sauce	£ 8.40
Spicy Chicken Katsu	£ 8.40
Chicken Teriyaki	£ 8.40
Tonkatsu (Deep fry Pork)	£ 8.60
Salmon Teriyaki	£ 9.70
Sushi and Sashimi (served with cold noodle and miso soup)	£10.20
Beef Teriyaki	£10.20
Vegetable Tempura & Tofu Steak	£11.30
Salmon & Chicken Teriyaki	£11.80
Soft Shell Crab & Chicken Teriyaki	£13.40
Surf & Turf - Beef Teriyaki & Tempura Prawn	£12.90
Prawn Tempura & Chicken Teriyaki	£12.90
Soft Shell Crab & Salmon Teriyaki	£14.00
Prawn Tempura & Salmon Teriyaki	£13.40
Tempura Deluxe	£13.80
Top of the Pop (One you cannot miss)	£17.20
<i>(Assorted Sushi &amp; Sashimi, chicken teriyaki &amp; vegetable Tempura)</i>	

## Hi Sushi Special



Tonkatsu	£ 6.00
Spicy Chicken Katsu	£ 6.00
Japanese Chicken Curry	£ 8.00
Chicken Teriyaki	£ 6.50
Salmon Teriyaki	£ 7.50
Sizzling Beef Teriyaki	£ 8.50
Pork Gyoza (grilled pork dumplings)	£ 4.80
Eri Gyoza (shrimp dumplings)	£ 5.50
Vegetarian Gyoza Dumplings	£ 4.20
Nasu Den (grilled aubergine with sweet soy bean paste)	£ 6.00
Gyu Tataki (raw beef with salad)	£11.50
Grilled Scallop with Creamy Sauce	£12.50
Black Cod in Miso	£14.50
Chilian Seabass in Miso	£13.50
Tuna Tataki (seared tuna)	£14.00
Wasabi Prawn (Deep fried jumbo prawn with Japanese mustard sauce)	£14.50
Grilled Sirloin Beef with Miso (Raw beef with Asparagus)	£13.50

\* Only £1 for each extra ginger, wasabi, salad dressing, chilli mayo sauce or teriyaki sauce.  
\* Each additional toppings 50p for avocado, cucumber and pickle.